

*AKAL COLLEGE
OF*

NURSING

BARU SAHIB

1st of Its Kind !!!



Akal college of Nursing maintains a holistic system of education facilitating: -

- Conducive educational climate
- Promoting extra curricular skills of students
- Emphasizing positive work culture & team work.

*We are proud to be the FIRST
Nursing College
in
Himachal Pradesh
Established in 2008*

OUR MISSION

The college has its mission to train & prepare professionally caring, compassionate, competent, self reliant and global nurses.

OBJECTIVES

- Academic Excellence
- Strong Communication Skills
- Value Based Education

OBJECTIVES

The Akal College of Nursing strives to inculcate:

ACADEMIC EXCELLENCE:

- To provide value based latest scientific education and other life nursing skills for achieving the highest level of professional competence as per the demands of modern health care delivery system so as to make them global nursing professionals of international standards.

OBJECTIVES

VALUE BASED EDUCATION:

- To inculcate the quality of disciplined living, honesty, integrity, high moral character, hard work and dedication so that these students become outstanding nurses and global citizens with nerves of steel and yet be compassionate at heart.

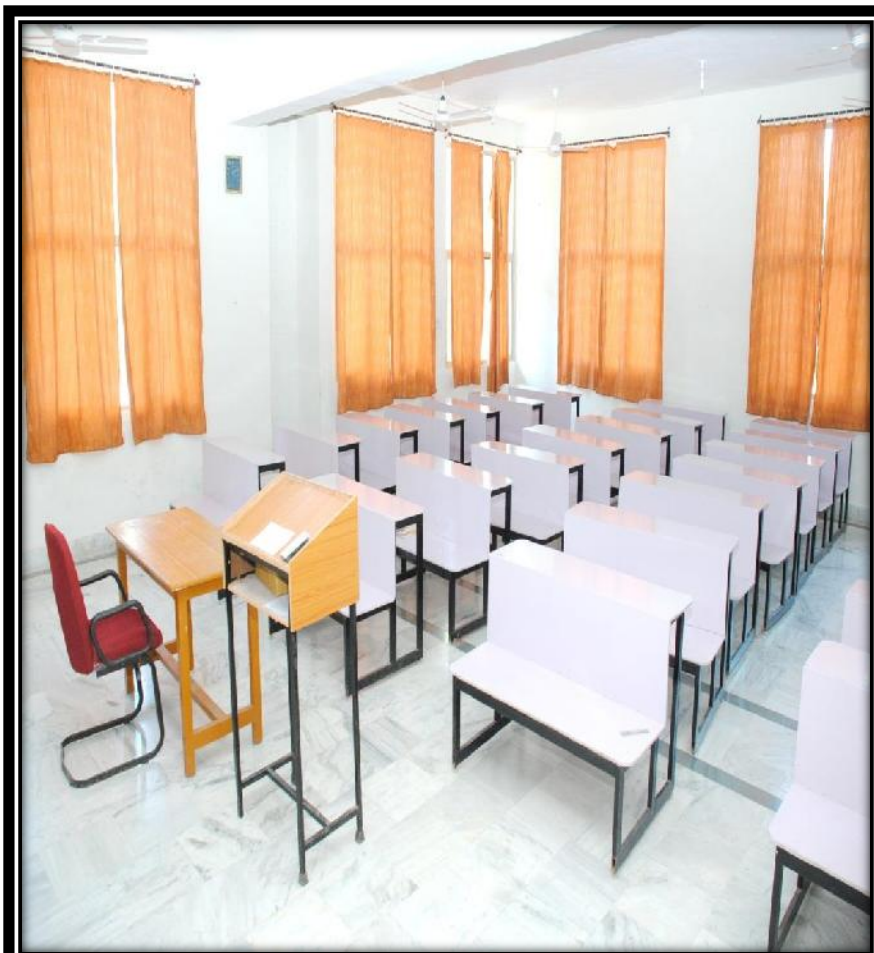
STRONG COMMUNICATION SKILLS:

- To ensure courteous, yet fearless and effective communication & presentation skills (group discussion, panel discussion, debates, extempore, seminars etc.)

INFRASTRUCTURE

- **CLASSROOM:** 10 classrooms well equipped with all the modern amenities required for effective teaching learning process.
- **LABORATORY:** The College has spacious and fully equipped laboratories for various departments which includes:
 - Nursing Foundation Laboratory
 - Community Health Laboratory
 - Nutrition Laboratory
 - Anatomy and Physiology Laboratory
 - Microbiology Laboratory
 - Maternity and Child Health Laboratory
 - Computer Laboratory

CLASS ROOMS



LABORATORIES

A group of female students in purple and white uniforms are gathered around a kitchen counter, observing a demonstration. A woman in a red patterned dress is using a wooden spoon to stir something in a pot on the stove.

Nutrition Laboratory

Two female students in purple and white uniforms are working on a project. They are standing in front of a red curtain with the words "ENVIRONMENTAL SANITATION" written on it. They are using yellow and red materials to create a model.

Community Health Laboratory

A group of female students in purple and white uniforms are sitting at a long desk, working on computers. They are looking at the screens and typing on the keyboards.

Computer Lab

A group of female students in purple and white uniforms are standing around a table, looking at a model of a human body. A woman in a brown jacket is pointing at the model and explaining it to them.

Maternity and Child Health Laboratory

A group of female students in purple and white uniforms are standing around a table, looking at a model of a human body. A woman in a pink headscarf is pointing at the model and explaining it to them.

Nursing Foundation Laboratory

LIBRARY

- The Nursing College Library has a wide range of textbooks and nursing journals, both Indian and foreign.
- Newspapers in English and local languages.
- Internet facility
- At present, there are around 2365 textbooks in our library along with 38 national and international nursing journal and magazines.

LIBRARY



OTHER INFRASTRUCTURE FACILITIES

- **Staffroom:** The staff room is quite spacious with separate cubicles for each staff member along with a personal computer.
- **Hostel:** The nursing girls are housed in a secure separate girls hostel with modern amenities. Each student is provided with a furnished room on twin or triple sharing basis. Common room with T.V available to students.
- **Staff quarters:** The staff quarters in a separate building with modern amenities.
- **Security:** Private Security guards are deputed at various locations in the complex to ensure safety and discipline.
- **Canteen:** Students have facility of canteen at the hostel premises.

Staff Room



- **Shopping Center:** A shopping center where all the goods of daily requirement are available.
- **Dairy:** Providing milk and milk products for the complex.
- **Bakery:** Providing breads, pastries etc. for the complex.
- **Laundry:** Fully power equipped semi automated laundry for students and staff.
- **Mess:** Modern kitchen adhering to high standards of cleanliness and hygiene. For students & faculty providing nutritious meals and variety of cuisines.
- **24*7 supply of water and electricity**
- **Private fuel (LPG, Diesel and Petrol) station.**
- **Postal, Banking and ATM facility available.**

Shopping Centre



AKAL CHARITABLE HOSPITAL

- AKAL Complex houses humble set up of **180 bedded** Akal Charitable Hospital.
- The Akal Charitable Hospital is **equipped with:**
 - OPD Services (General, Medical, Ophthalmic, Gynecological, Pediatric and psychiatry)
 - Indoor: Wards
 - Pathology Lab for various tests
 - X-Ray Unit
 - Modern Operation Theatres (4)
 - Emergency care facility
 - Dental care Unit
 - Physiotherapy Department
 - Naturopathy & Alternative Medical Centre(Homeopathy & Ayurveda)

Visiting Doctors from Canada



VISITING DOCTORS FROM CANADA

- The hospital provides round the clock care to the students and staff members on campus as well as to the residents of this hilly area.
- Free multispecialty camps are organized, where patients are brought from remote areas of Himachal Pradesh, Punjab and Haryana.
- Highly experienced doctors not only from India but also from abroad-UK, USA and Canada as volunteers perform most advanced surgeries and provide high quality global care.
- 500 surgeries are performed around the year.
- Our nursing students given a special opportunity to learn and pick up latest trends of international standards in the nursing care.



Ragging is strictly prohibited

- Our college is the unique example of Anti-ragging zone.
- As per **Himachal Pradesh Educational Institutions (Prohibition of ragging) ordinance 2009** “Ragging means any act, conduct or practice by which dominant power of senior students, former students or outsiders, is brought to bear on students freshly enrolled
- Ragging is **strictly prohibited** and is a **cognizable criminal offence**. If any incident of ragging comes to the notice of the university, the concerned student shall be given liberty to explain and if his explanation is not found satisfactory, the university will expel him from the relevant programmes as well as the campus.

Cont.....

- The university is bound to take the necessary action on the occurrence of any incident of ragging.
- Every single incident of ragging where victim, guardian/parents are not satisfied with the institutional arrangement of action , a First Information Report (FIR) shall be filled.
- Any failure or negligence on the part of institutional authority or deliberate delay in lodging the FIR should be an act of culpable negligence.

Offence to be cognizable, non- bailable & compoundable.

- Any student convicted of an offence under this ordinance shall be expelled from the college.
- Student expelled on account of ragging shall not be admitted in any other educational institute for a period of 3 years from the date of order of such expulsion.

CLINICAL EXPERIENCE

Affiliated Hospitals where clinical experience is provided are:-

- IGMCH Hospital , Shimla (1400 beds)
- KNH(Kamla Nehru Hospital), Shimla (250 beds MCH)
- Vidya Sagar Mental Hospital, Amritsar
- Primary Health Center: Kheri, Bhalta, Dimber (PHC)
- Sub divisional Hospital, Rajgarh
- IVY Multispecialty Hospital, Chandigarh (Private)
- NIMHANS, Bangalore
- Columbia Asia Hospital, Palam Vihar, Delhi

Hospitals Projected for Affiliation

- Dr. Rajender Prasad Govt. Medical Hospital, Tanda (HP)
- Civil Hospital, Nahan
- MAX Multispecialty Hospital, Shalimar Bagh, Delhi
- MAX Multispecialty Hospital, Mohali
- Regional (Civil) Hospital, Solan (250 beds)

IGMC, Shimla



IVY Hospital Chandigarh



KNH, Shimla



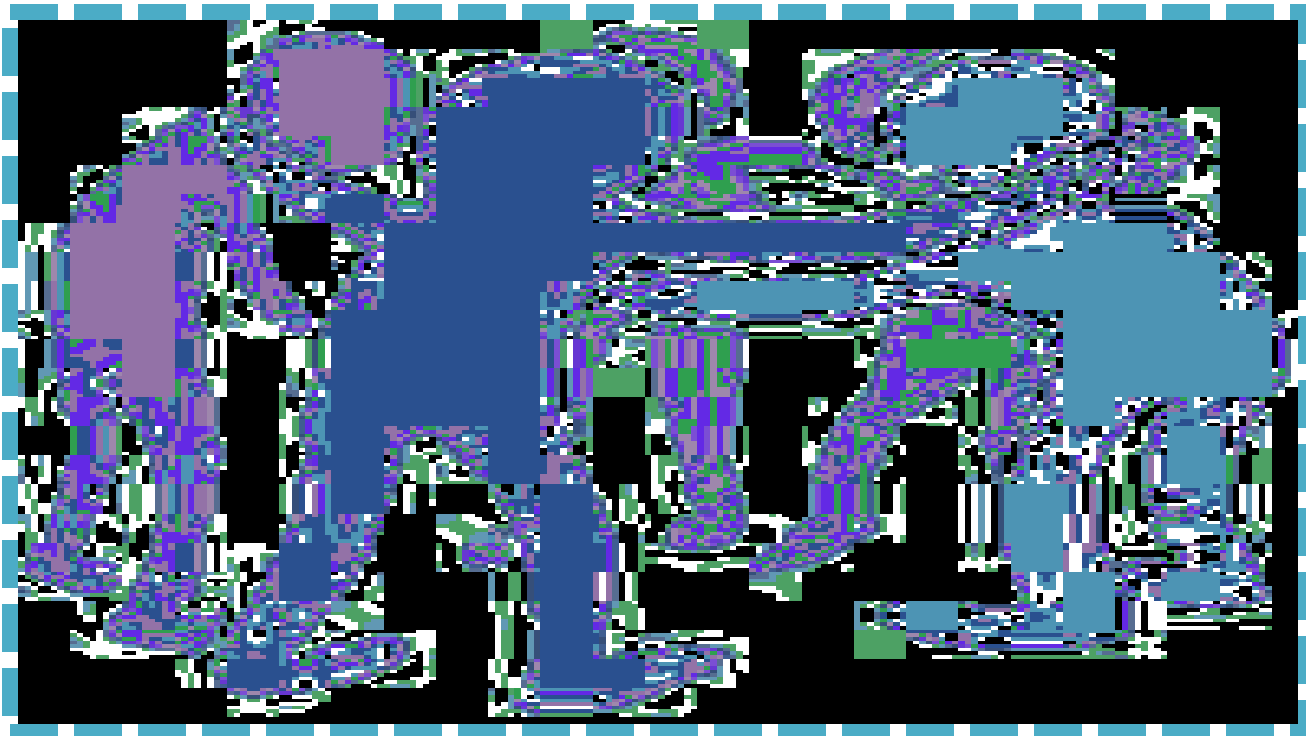
**Columbia Asia,
Palam Vihar**

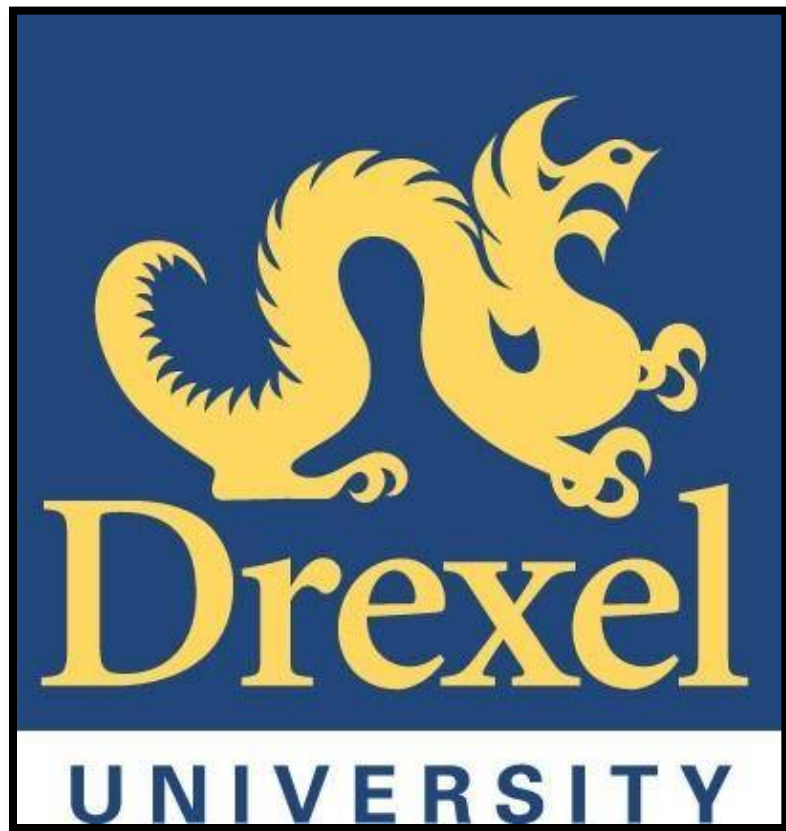


Mental Hospital, Amritsar



“COLLABORATION” WITH FOREIGN UNIVERSITIES





Visiting Faculty from Drexel University, USA



Dr. Marylou Mchug



Dr. Jill B Deristine



Ms. Sandra Friedman



Dr. Bobie Posmeutheir



Dr. Rocky Rockstraw

Visiting Faculty from Drexel University, USA



Dr. Linda Wilson



Prof. Brian Faselka



Dr. Margaret Jane Ryan



Dr. Cheryl Portwood

Visiting Faculty from Drexel University, USA



Topics Taught by Visiting Faculty

- Nursing process
- Physical Examination
- Critical thinking
- Advanced Nursing practice
- Evidence based Nursing
- Normal & abnormal Labor

- Neonates & Infancy
- CPR in neonates
- Management & administration
- Leadership
- Current Trends in Nursing
- Reflective practice in nursing

*OUR
UNIQUE
FEATURES*

Faculty Development Programme

- Akal College of Nursing organizes FPD every Wednesday from 4 to 5 p.m.
- The Programme aims at enhancing the academic and intellectual environment in our institution by providing faculty members with enough opportunities and a platform for exchange of innovative ideas and pedagogical skills.

Activities under FDP

- Weekly Meetings
- Lesson plan presentation
- Journal club
- Nursing procedure Demonstration
- Review of Clinical/ Theory Evaluation formats
- Research Guidelines
- Planning for Commemoration of different health related Events
(National & International)
- Peer review, daily student feedback on teaching learning process.

International Conferences organized by Akal College of Nursing

- **First time in the history of Himachal Pradesh our college has organized several international conference.**
- **First International Conference on Nursing Informatics (October, 2011)**
- **Second International Conference on Global Nursing (December, 2012)**
- **Third International Conference on Innovative trends in Community Health Nursing.**

- Fourth international conference on **“GYNAECOLOGY & OBSTETRICAL NURSING: NEW INSIGHT INTO RESEARCH, DIAGNOSIS AND CLINICAL CARE”** on (October 11th and 12th, 2014)
- 5TH INTERNATIONAL CONFERENCE ON **“INNOVATIONS IN NURSING EDUCATION AND PRACTICE”** OCT 3RD & 4TH 2015
- **Proposed sixth International Conference** being planned for October , **“Bridging the gap between Theory & Practice in Nursing”** 21st & 22nd October, 2016

1st International Conference

- Akal College of Nursing had organized its 1st International Conference on “Nursing Informatics” on 10th and 11th October, 2011. The conference was a big success.
- It was attended by more than 350 national and international delegates including 3 delegates from Drexel University, Philadelphia, one from University of Michigan and 2 from Wayne State University’s College of Nursing and a cardiology nurse practitioner from USA.



INAUGURATION



2nd International Conference

- 2nd Annual International Conference was held on 1st and 2nd December, 2012. The theme of the conference was “Global Nursing- A step ahead towards global health”.
- About 300 national and international delegates actively participated in the conference; among these 11 were resource persons who came from different parts of the globe like Bangalore, Chandigarh, CMC Vellore, Delhi, Punjab, Rajasthan and HP including 4 International delegates from Drexel University, Philadelphia, USA.



Our 1st Outgoing Batch



**OUR
COMMUNITY
HEALTH
SERVICES**

COMMUNITY SERVICE

- **Urban Community** at Rajgarh
- **Rural Community** at villages- Kheri, Lana Bhalta, Maccher and Dimber.
- Students also visit anganwadis, primary and secondary schools in their respective posting areas to conduct the **school health projects**.

COMMUNITY SERVICE

- The students have adopted more than 300 families in both rural and urban areas.
- They do regular follow up visits
- Perform various procedures
- Deliver health educations to the individuals according to their needs.

COMMUNITY SERVICE

Targeted population in community field is: -

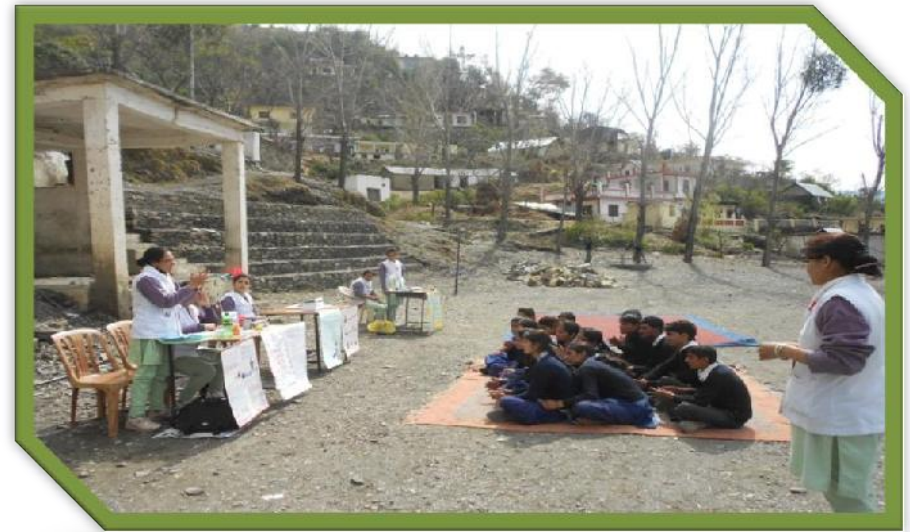
- Children under 6 years of age
- Adolescent girls
- Women in reproductive age group
- Pregnant women
- Elderly population
- New born babies.

COMMUNITY SERVICE

- Rally on prevention of cancer
- Deworming Campaign
- School Health Project: Health assessment, Hb estimation, Medical OPD, Health education
- Exhibition on Antenatal Advices
- Immunization camps
- Family Planning Camps



SCHOOL HEALTH PROJECT



Educational Trips

- **B.Sc. Nursing 4th year:**
 - **Delhi** (RAK College of Nursing , Max Super-specialty Hospital , Qutub Minar, India Gate, National Museum, Rakab Ganj Gurdwara Sahib, Bangla Sahib Gurdwara Sahib, Connaught Place and Shish Ganj Gurudwara Sahib)
 - **Agra**(Taj Mahal, Agra Fort, Balaji Temple and Mini Taj Mahal exhibition)
- **B.Sc. Nursing 3rd year: Delhi**(RAK College of Nursing, Qutub Minar, India Gate, Connaught Place, Akshardham, Birla Temple, Red Fort, Raj Ghat & Lotus Temple, Humayun Tomb)
- **B.Sc. Nursing 2nd year: Amritsar** (Science city Kapurthala, Golden Temple, Jallianwala Bagh, Wagah Border, Pingalwara)
- **B.Sc. Nursing 1st year: Himgiri**



Cultural Activities



Saturday Activity Calendar

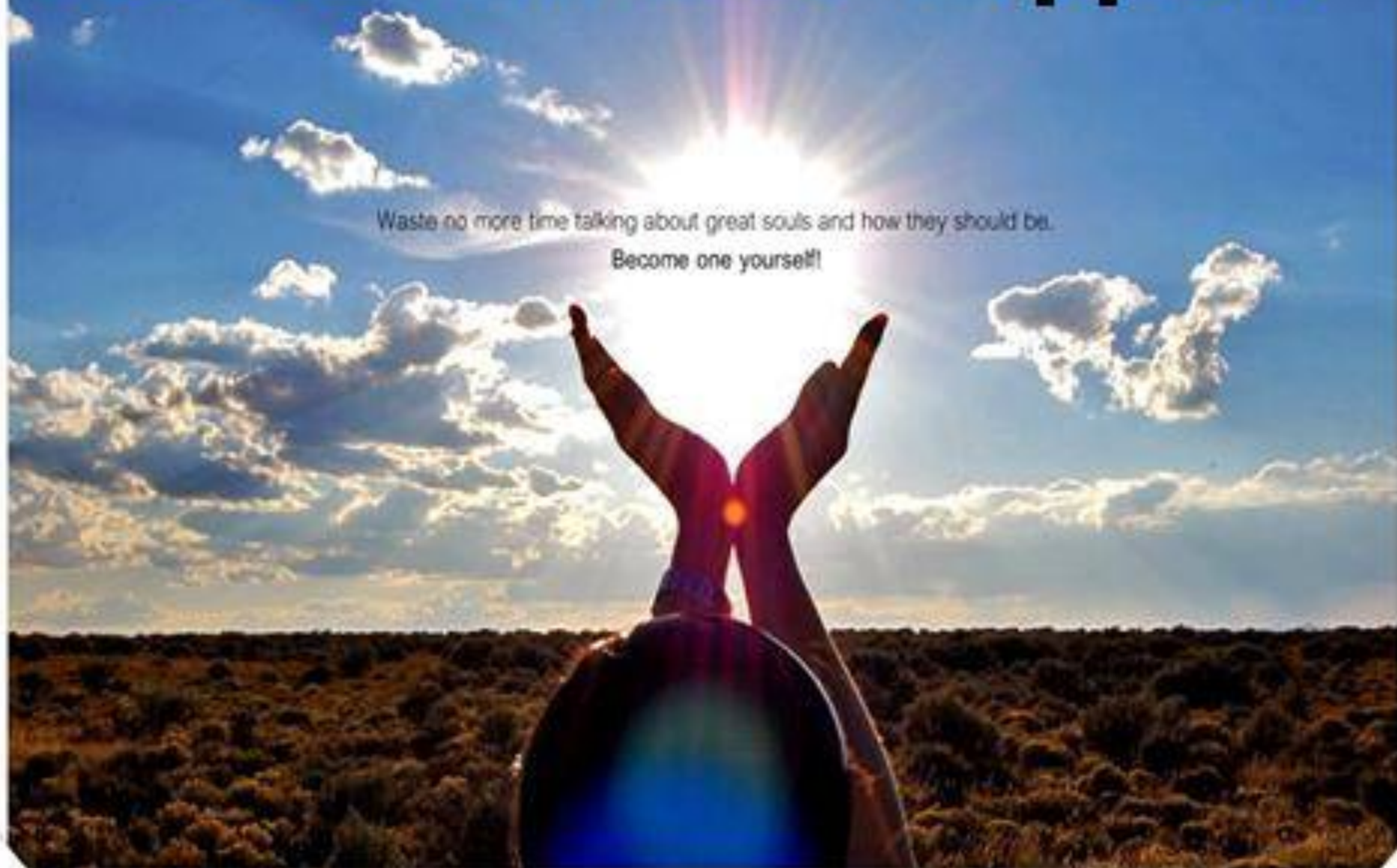
Months (2016)	Dates	CLUB	Activities
January	12 th January	Literary Club	Seminar on Gender Sensitization and Poster Making Competition, Value Based Talk.
	19 th January	Service Club	Inter Class Decoration Competition.
	26 th January		Republic Day
February	2 nd February	Service Club	Rally on World Cancer Day, Poster Making.
	9 th February	Service Club	Calligraphy, Essay Writing on Healthy Life Style Awareness.
	16 th February	Literary Club	Group Discussion on Pregnancy Awareness Week, Quiz.
	23 rd February	Sports Club	Table Tennis, High Jump.
March	2 nd March	Literary Club	Panel Discussion on International Women's Day.
	9 th March	Service Club	Poetry Writing Competition, Poster Making Competition on Any Topic.
	16 th March	Literary Club	Seminar on World TB Day, Quiz and Value Based Talk.
	23 rd March	Sports Club	Badminton , 100 Metres Race
	30 th March	Literary Club	Free Medical Surgical Camp
April	6 th April	Literary Club	Group Discussion on World Health Day.
	13 th April	Service Club	Commemoration of Safe Motherhood Day, Essay Writing, Pencil Art
	20 th April	Service Club	Rally on World Malaria Day, Poster Making
	27 th April	Sports Club	Tug of War, Relay Race 200 metres.

Months (2016)	Dates	CLUB	Activities
May	4 th May	Literary Club	Symposium On World Hypertension Day. Debate On “Education Of Girl Children Is Burden {Against}.
	10 th May	Cultural Club	Commemoration of International Midwifery Day, Annual Day
	7-12 th May	Cultural Club	International Nurses Week
	18 th May	Literary Club	Seminar on Child Protection Week
	25 th May	Sports Club	Commemoration of Anti-tobacco Day
June			Volleyball Competition, Shot-Put Competition.
	1 st June	Literary Club	Seminar on World Environment Day, Extempore on Various Topics Related to Health and Nursing Profession.
	8 th June	Service Club	On Spot Painting Competition, Rangoli Competition.
	15 th June	Literary Club	Panel Discussion on World Elder Abuse Awareness Day.
	22 nd June	Cultural Club	Song Competition (Patriotic and Mythological).
July	29 th June	Sports Club	Sports Day.
	July	Cultural Club	Farewell Party
	6 th July	Literary Club	Symposium on Mental Illness Awareness, Poster Exhibition
	13 th July	Service Club	Pot Painting Competition, Bouquet Making Competition.
	20 th July	Literary Club	Seminar on World Hepatitis Day, Value Based Talk.
August	27 th July	Sports Club	Chess Competition, Carom Board Competition.
			Final Exams

Months (2016)	Dates	CLUB	Activities
September	7 th September	Literary Club	Commemoration of Breast Feeding Week(August I st Week) Panel Discussion World Oral Health Day.
	14 th September	Service Club	Inter Class Decoration Competition.
	21 st September	Service Club	Rally on World Rabies Day.
	28 th September	Sports Club	Hurdle Race, Sack Race.
October	5 th October	Literary Club	Seminar on National Nutrition Week.
	12 th October	Cultural Club	Cuisines Competition (Therapeutic Diet)
	19 th October	Literary Club	Panel Discussion on “International Day For The Eradication of Poverty”, Debate on the Topic “Is Energy Drinks Harmful For Teenagers”.
	26 th October	Sports Club	Spoon Race, Three Leg Race.
November	2 nd November	Literary Club	Seminar And Demonstration on National CPR Week.
	9 th November	Service Club	Calligraphy, Poetry Writing Competition.
	14 th November	Cultural Club	Fresher’s Party
	16 th November	Literary Club	Seminar on World Diabetes Day, Poster Making Exhibition In Community Area and Hospital.
	23 rd November	Service Club	Pencil Art, Essay Writing on Character is Better than Wealth.
December	7 th December	Literary Club	Panel Discussion on International Day for Elimination of Violence Against Women and Children. Commemoration of World AIDS Day
	December	Cultural Club	Convocation
	14 th December	Service Club	Commemoration of Human Rights Day Rangoli Competition, Best Out Of Waste Competition.
	21 st December	Literary Club	Symposium on World Patient Safety Day.
	28 th December		Vacations

We Can Make it Happen!

Waste no more time talking about great souls and how they should be.
Become one yourself!





Thank You

PRO