# AKAL COLLEGE OF NURSING, BARU SAHIB

Activity Calendar for the year 2015-16

Months	Dates	Clubs	Community Visits	
				Activities
August	8 <sup>th</sup>	Literary club	Community visit of 1st year	Story writing competition
	22 <sup>nd</sup>	Sewa2 club	Community visit of 2 <sup>nd</sup> year	Interfaith Activity
	29 <sup>th</sup>	Sports club	Community visit of 3 <sup>rd</sup> year	Sports day
September	5 <sup>th</sup>	Cultural club	Community visit of 4 <sup>th</sup> year	Teacher's day
	12 <sup>th</sup>	Sewa club	Community visit of 1st year	Interfaith Activity
	19 <sup>th</sup>	Academic club	Community visit of 2 <sup>nd</sup> year	Demonstration of common first
				aid techniques in community on
				first aid day
	26 <sup>th</sup>	Academic club	Community visit of 3 <sup>rd</sup> year	Panel discussion on World
				Alzheimer's day
October	3 <sup>rd</sup>	Academic club	Community visit of 4 <sup>th</sup> year	Seminar on Day of Older
				Person
	10 <sup>th</sup> -11 <sup>th</sup>	Academic club		5 <sup>th</sup> International Conference
	17 <sup>th</sup>	Academic club	Community visit of 1st year	Role play on World Girl Child
				Day
	24 <sup>th</sup>	Academic club	Community visit of 2 <sup>nd</sup> year	Seminar on World Arthritis
				Day
	31 <sup>st</sup>	Academic club	Community visit of 3 <sup>rd</sup> year	Quiz on Current affairs
November	7 <sup>th</sup>	Sports club	Community visit of 4 <sup>th</sup> year	Volley ball competition
	14 <sup>th</sup>	Academic club	Community visit of 1 <sup>st</sup> year	Diagnostic survey & dietary
				management on World
				Diabetes day( in morning
				Swach Bharat Abhiyan on
				World Toilet Day (Baru Sahib
				Complex) (it is on
				19 <sup>th</sup> Nov. but will be celebrated
				on 14 <sup>th</sup> Nov. as Saturday
				activity in evening)
	21 <sup>s†</sup>	Sewa club	Community visit of 2 <sup>nd</sup> year	Interfaith Activity
	28 <sup>th</sup>	Cultural club	Community visit of 3 <sup>rd</sup> year	Seminar on international day of
				elimination of violence against
				women
				(it is on 25 <sup>th</sup> Nov. but it will be
				celebrated on 28 <sup>th</sup> Nov. as
				Saturday activity)
December	5 <sup>th</sup>	Academic club	Community visit of 4 <sup>th</sup> year	Rally/Nukkad play on World
				AIDS Day (Solan/Rajgarh)
	12 <sup>th</sup>	Academic club	Community visit of 1st year	Panel discussion on Day of
				people with disability
	19 <sup>th</sup>			1 <sup>s†</sup> PTM
January	16 <sup>th</sup>	Literary club	Community visit of 2 <sup>nd</sup> year	Poetry competition
	23 <sup>rd</sup>	Cultural club	Community visit of 3 <sup>rd</sup> year	Best class decoration
	30 <sup>th</sup>	Academic club	Community visit of 4 <sup>th</sup> year	Seminar on World Leprosy day
February	6 <sup>th</sup>	Academic club	Community visit of 1st year	Seminar on treatment
•				modalities of cancer on World
				Cancer Day

	13 <sup>th</sup>	Sewa club	Community visit of 2 <sup>nd</sup> year	Interfaith Activity
	20 <sup>th</sup>	Academic club	Community visit of 3 <sup>rd</sup> year	G.K Quiz
	27 <sup>th</sup>	Literary club	Community visit of 4 <sup>th</sup> year	Singing competition (patriotic songs)
March	5 <sup>th</sup>	Academic club	Community visit of 1 <sup>st</sup> year	Panel Discussion on World Day of Fight Against Sexual Exploitation
	12 <sup>th</sup>	Academic club	Community visit of 2 <sup>nd</sup> year	International Women's Day & World Kidney Day
	19 <sup>th</sup>	Sewa club	Community visit of 3 <sup>rd</sup> year	Interfaith Activity
	26 <sup>th</sup>	Academic club	Community visit of 4 <sup>th</sup> year	Rally on World T.B Day (Baru Sahib Complex)
April	2 <sup>nd</sup>			2 <sup>nd</sup> PT\  +}
	3 <sup>rd</sup>	Academic club		9 <sup>th</sup> Annual day/ 4 <sup>th</sup> Annual Florence Nightingale Quiz Com petition
	9 <sup>th</sup>	Academic club	Community visit of 1 <sup>st</sup> year	Theme based project in community on World Health Day
	16 <sup>th</sup>	Academic club	Community visit of 2 <sup>nd</sup> year	Seminar on World Hemophilia Day
	23 <sup>rd</sup>	Academic club	Community visit of 3 <sup>rd</sup> year	Journal club on World Malaria Day
	30 <sup>th</sup>	Sports club	Community visit of 4 <sup>th</sup> year	Kho-kho, 3 leg race competition
May	7 <sup>th</sup>	Academic club	Community visit of 1 <sup>st</sup> year	Seminar on World Red Cross Day
	12 <sup>th</sup>	Academic club		International Nurses Day
	14 <sup>th</sup>	Sewa club	Community visit of 2 <sup>nd</sup> year	Interfaith Activity
	21 <sup>s†</sup>	Literary club	Community visit of 3 <sup>rd</sup> year	On the spot painting competition
	28 <sup>th</sup>	Literary club	Community visit of 4 <sup>th</sup> year	Poster making competition on World No Tobacco Day
June	4 <sup>th</sup>	Academic club	Community visit of 1 <sup>st</sup> year	Rally on World Environment Day/ (Solan/Rajgarh)
	11 <sup>th</sup>	Sewa club	Community visit of 2 <sup>nd</sup> year	Interfaith Activity
	18 <sup>th</sup>	Academic club	Community visit of 3 <sup>rd</sup> year	Group discussion on
				International day against drug abuse & illicit trafficking
	29 <sup>th</sup> june- 4 <sup>th</sup> july			Revision
July	5 <sup>th</sup> -14 <sup>th</sup>			Preparatory holidays
-	16 <sup>th</sup> - 24 <sup>th</sup>			Final exams
	18 <sup>th</sup> july- 2 <sup>nd</sup>			Session ending break
	august			

#### AKAL COLLEGE OF NURSING, ETERNAL UNIVERSITY, BARU SAHIB, H.P.

## 1. FACULTY DEVELOPMENT PROGRAM

#### Introduction

The Faculty Development Program (FDP) is designed for nursing teachers and researchers working/studying at Akal college of Nursing, Eternal University, intended to build up a competent environment of teaching-learning and to inculcate a new learning culture. Altogether the FDP contributes and develop a community of learners through different methods to the organizational efficiency.

#### Objectives and purpose

The major focus of the FDP is on upgrading the teaching, training, and research skills of nursing teachers—especially those teachers acquaint and utilize themselves with recent developments in teaching and research methods. The programme enables participants to develop competence in general and advanced nursing education as well as in nursing research and pedagogy. And also aims at equipping teachers with skills and knowledge that are essential for inculcating entrepreneurial values in students and guiding and monitoring their progress towards entrepreneurial career.

#### Methods and approaches

The FDP relies on a variety of learning settings like classrooms, workshops and seminar, and a participatory approach to learning. There is an emphasis on the case method of teaching and learning. Other educational methods such as flipped-class rooms, group discussions, panel discussions, lectures, small group exercises, management games and presentations are also used. Computers, statistical kits and audio-visual aids complement these methods. Participants are also encouraged to develop insights into curriculum planning and academic administration.

#### Schedule

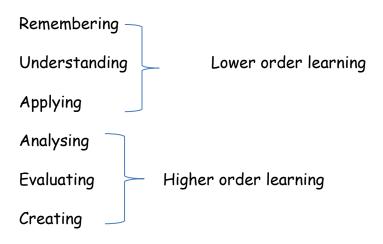
The FDP is scheduled on every Wednesdays in which a topic selected by the faculty, approved by the principal will be presented by the utilization of different pedagogical approaches.

#### 2. PEDAGOGICAL INITIATIVES:

- ♣ Flipped-class room
- Project method of learning
- ♣ Group/ panel discussion
- Demonstration method
- Case study/ presentation method
- Problem based learning
- Division of large group of 60 into 30 in size of students strength at same level
- ♣ Tutorial classes for a small group students in each level
- ♣ Evidence based practice
- Focused Group Discussion
- Effective Behaviour Change Communication Strategy in Community Health Nursing
- Utilizing different Audio-Visual Aids
- Updating advanced technology in teaching strategy
- Integrating nursing curriculum with Spiritual values
- Group projects in research

#### 3. ASSESSMENT BASED ON BLOOM'S TAXONOMY:

Assessment of the students on the basis of three domains (cognitive, affective and psychomotor domains of Bloom's Taxonomy)



- a. Cognitive = knowledge assessment
- b. Affective = Attitude assessment
- c. Psychomotor = Skill assessment

#### 4. PERSONALITY DEVELOPMENT

Different initiatives intended to develop the personality of the students are,

- ♣ Different club activities on every Saturdays
  - Literary club
  - Peace and harmony club
  - Creativity club
  - Echo-friendly club
- ♣ Co- curricular activities gives a way to enhance the exploration and development of soft skills, communication skills and other hidden potentials of the students
- ♣ Sports Meet conducted annually
- Value based education leads a way to develop conscience and live values to the students.
- Spiritual learning environment enhancing the nursing skills and personality features of the students.

### 5. VALUE BASED EDUCATION:

- Personality development programs.
- Frequent programs on traditional and religious awareness.
- Training for grooming in accordance with religious and cultural views.
- Induction programs on psychological development psychological counselling.

#### 6. CAREER COUNSELLING GUIDANCE

- > Senior students are provided with career guidance and counselling programs.
- > Campus recruitment in association with hospitals like, Medanta-The Medicity, Saket City Hospital, Columbia Asia Hospital etc.
- Preparatory program for competitive exams like NCLEX-RN

## 7. REDRESSAL / GRIEVANCE CELL

- o Psychological counselling cell headed by Dr N L Gupta on every Fridays
- o Psychological counselling and grievance services by Dr Sukhvinder Singh

## 8. RESEARCH AND DEVELOPMENT

- > Group and individual research activities for faculties and students.
- > Research resource development.
- > Research works done in the community areas of Sirmour District.

#### 9. ACN ALIUMNA ASSOCIATION

- Alumna meetings for the former students before the convocation.
- Overseas Alumna meetings are proposed.

## 10. LEARNING MANAGEMENT SYSTEM

 Developing of a new and innovative teaching learning experience to the teachers and the students by Flipped-class room method.

## 11. MEDICAL CAMPS

- Four medical camps are conducted in Akal Charitable Hospital every year.
- Students are actively involved in organizing medical camps.

## 12. COMMUNITY OUTREACH PROGRAMS

- ✓ Adopted villages in Sirmour District
- ✓ Mobilize the medical camps to different villages in Sirmour District.
- ✓ Conduct research works in the community areas.