

BASELINE DTA AND HOUSEHOLD SURVEY OF RURAL COMMUNITY ADOPTED

BY AKAL COLLEGE OF NURSING, BARU SAHIB, HIMACHAL PRADESH

NAME OF THE VILLAGE : Lana bhalta

TOTAL POPULATION : 217

DATE OF SURVEY : 05-03-2015

CATEGORIES AS PER AGE GROUP	NUMBER OF PERSONS	NEEDS	PROBLEMS
Infants (upto 1 yr)	01	Immunization, Weaning period	
Toddler (2-3 yrs)	12	Balanced diet, Immunization, Prevention from home accident, Health check up	Underweight
Preschoolers (4-5 yrs)	08	Immunization, Health check up, Proper diet, Prevention from home accident	Poor hygiene
School going children (6-14 yrs)	43	Nutritious diet, Education, Health hygiene, Health checkup	Malnutrition
Adolescents (15-17)	22	Maturation changes, Menstrual hygiene, Peer groups, Family support	Uncoping behaviour regarding maturation changes
Adult males (18-60 yrs)	59	Sexual education, Substance abuse, Avoid deliquent behaviour, contraceptive methods	Hypotension, Hypertension, Anemia, Joint pain, Diabetes mellitus
Adult females (18-60 yrs)	60	Contraceptive methods, Menstrual hygiene, Health edu. regarding menopause, regular health checkup, Exercise	Hearing defect, Hypertension, Hypotension, Joint pain

Elderly adult (Males) Above 60 years of age	01	Nutrition, Psychological support, Calcium rich diet, Exercise	Joint pain, Hypotension,
Elderly adult (Females) Above 60 years of age	11	Health check-up, Exercise, Calcium rich diet, Psychological support	Cough
Reproductive age group (15-49 yrs females)	57	Menstrual hygiene, Contraceptive methods,	
Eligible couples (18-45)	25		