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Organizing Secretary

Dr. Lekha Viswanath, Professor & Vice-Principal, ACN
Phone: 9447239312, 8628030391

Organizing Committee

Faculty, ACN

Registration: Ms.Sangeeta Sharma | 8679461506

Transportation: Ms.Simarjeet Kaur | 8427016084, 9816421609

Accommodation: Ms.Preeti Tkakur | 9418541611

Paper/poster: Ms.Jasneet Kaur | 9646950367

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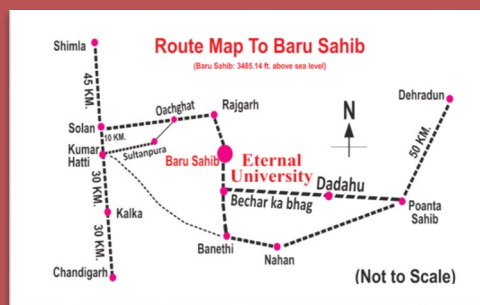
Welcome to Baru Sahib

Baru Sahib, also known as the **Valley of Divine Peace** is popular for its scenic beauty and spiritual ambience.

Climate: October is pleasant and comfortable (18°C to 25°C). A visit to this place offers a platform not only for exchange of knowledge but also for getting rejuvenated in the lap of nature.

Nearby places of interest

Shimla (4 hrs), Chail (3 hrs) Manali (10 hrs), Dehradun(5hrs),
Mussoorie(6hrs), Rishikesh (6hrs)



Nearest airport Chandigarh

Nearest railway stations: Kalka, Chandigarh

Pick up available from Solan at scheduled intervals

Akal College of Nursing

In collaboration with

Drexel University, Philadelphia, USA



8th International Nursing Conference 2018



12th and 13th October 2018

VENUE: BHAI GURDAS HALL

Eternal University Campus,
Baru Sahib,
Via Rajgarh, Dist. Sirmour,
Himachal Pradesh,
India.
PIN: 173101

About Akal College of Nursing



Akal college of Nursing (ACN), a constituent of Eternal University, Baru Sahib, Dist. Sirmour, Himachal Pradesh, is a premier Nursing institution in Himachal Pradesh and is the first college to start B.Sc and M.Sc programmes in Nursing. The mission of Akal College of Nursing is to prepare professionally competent and dedicated nurses, imbued with the spirit of service to humanity at large and to inculcate the ability to face various challenge while discharging their duties at all levels of nursing care anywhere in the world. Development of global competencies among students and faculty are facilitated by the collaborative activities with Faculty of Nursing, Drexel University, Philadelphia, USA. A team of faculty from Drexel visit ACN twice a year and take part in student and faculty enrichment programmes.

Focus of ACN-

1. Academic excellence
2. Global Nursing
3. Value based education

International Nursing Conference at ACN

As a part of extending contribution to the advancement of Nursing profession in India, Akal College of Nursing organizes International Nursing Conference every year in Collaboration with Drexel University, Philadelphia, USA since 2011. The conference is organized on a topic of relevance to Nursing each year. Following are the themes of International Nursing Conference in previous years.

- 2011: Nursing Informatics
- 2012: Global Nursing- A step ahead towards Global Health
- 2013: Innovative trends in Community Health Nursing
- 2014: Gynecologic and Obstetrical Nursing – New insights into Research
- 2015: Innovations in Nursing Education and Practice
- 2016: Bridging the gap between Theory and Practice in Nursing
- 2017: Family Nursing- A futuristic approach to health care

Why mental Health?

- Mental health is an integral and essential component of health and well-being of an individual
- The prevalence of mental health problems are increasing worldwide especially in developing countries
- Most of the non-communicable diseases are found to be associated with mental health
- Psychological adaptation at each stage of development, creates happy, satisfied and content individuals and reduce many social problems leading to a more balanced and happy society
- A positive mental health improves general health and wellbeing of an individual, promotes better adaptation to the environment and normal stress of life, increase the ability to work productively and contribute to the community. A positive mental health of the citizens thus contributes to national development

Aim of the Conference

The conference aims at bringing together Nursing and Mental Health professionals at different levels to share their knowledge, experience, research findings and perceptions regarding better mental health and to provide a holistic vision to guide the future action towards the promoting mental health at individual, family, institutional and societal levels. The conference also focuses on role of positive psychology and comprehensive approaches to promote positive mental health through various interventions.

Theme

Global Perspectives of Better Mental Health

Subthemes

1. Positive psychology
2. Perinatal and child mental health
3. Mental Health across ages
4. Socio-cultural determinants of Mental Health
5. Interventions for the promotion of mental health

Invitation for Abstracts

Abstracts of original research, case studies and concept papers are invited for oral/poster presentations. Original research should be submitted in IMRD format. Abstracts should be submitted in not more than 500 words as MS Word file. Authors' name, type of article, designation, official address and email address with contact number has to be mentioned in the abstract.

Oral Presentation: Duration is 10 minutes (7 minute for presentation & 3 minutes for discussion). LCD will be available at the venue.

Poster: size 3 x 4 feet and portrait layout.

Last date of submission of abstracts: 25/09/2018

Last date of submission of the full-text and material for presentation: 05/10/18

Only registered delegate will be allowed for oral or poster presentation. Best oral papers and poster will be awarded.

All submissions should be mailed to akalcon3@gmail.com

Registration

	Date	Professionals	Students	ACN alumni
Early	30.09..18	Rs.3000/	Rs.1500	Rs.1000
Late	10.10.18	Rs. 3500/	Rs. 1700	
On Spot		Rs.4000/	Rs.2000	

* Registration fee include food, accommodation and transportation from Solan at scheduled time

Mode of Payment : DD or online transfer

Demand Draft

In favour of Akal College of Nursing, payable at SBI, Baru Sahib (HP)

Online payment

Bank: State Bank of India |

Beneficiary: Eternal University | **Account No.** 30957030400

Branch: Baru Sahib | **IFSC:** SBIN0011784

10% of the registration fee will be transferred to Kerala Chief Minister's Disaster Relief Fund