

“nCOVID-19: Health Awareness Campaign-Educate yourself – Educate Community”

.....SCREENING OF 2000 PLUS PATIENTS

Great things are not done by impulse, but by a series of small things brought together.

Vincent Ven Ghosh

This saying is proved true by Faculty members of Akal College of Nursing & Nursing Officers of Akal Charitable Hospital. The n-COVID-19 has lashed this world today. It is declared as a global emergency by World Health Organization. As of today 30th March, 2020 the 6,38,146 people are affected, 30,105 deaths and 202 countries, areas or territories are effected by the Poison Pill of n-COVID-19. Today our country is LOCKDOWN. But faculty members of Akal College of Nursing in this Alarming situation of n-COVID-19 are working with the Spirit of Wholeness and Hands in Hands with the Nursing Officers of Akal Charitable Hospital, Baru Sahib, Dist. Sirmour.

This series of work was started by the team members on **16th March**. The team members were divided in 2 groups. One group was engaged in **HEALTH** related initial tasks and another team has taken up the **CHALLENGE TO EDUCATE PEOPLE** on group & 1:1 bases in all the departments of Baru Sahib. The followings tasks are done by both the teams:

1. The Health group has set up various counters in Baru Sahib Premises such as BARRIER CHECK POST-1 (**SCREENING**), BARRIER CHECK POST-2, EYE ROOM OPD, HOSPITAL CHECK POST-3, ISOLATION UNITS, QUARENTINE CENTER & EMERGENCY ROOMS.
2. The HEALTH team workers were provided with **INRARED THERMAL DEDECTOR, SPHYGMOMANOMETER, DIGITAL THERMOMETER, COMMUNITY MEDICINES.**
3. The HEALTH team has tirelessly worked for screening patients day and night.
4. As of 30th March total of **2000 PLUS** students, patients and parents as whole are screened by the HEALTH team.
5. The individual protocols were made to deal with each situation like isolation, quarantine & emergency services etc.

6. Team has isolated 24 patients till date and the patients are being provided with ISOLATION CARDS.
7. The HEALTH team has a check on drug, diet, hygiene requirements of the patients.
8. The MEMBERS OF HEALTH TEAM who are giving duties on BARRIER CHECK POST are even attending patients who are in need of medical ailment.

On the other hand the HEALTH EDUCATION team initially have prepared the pamphlets, posters and charts focused on emergence of n-COVID-19. Further initiatives taken by team are as follows:

1. The team has divided all the residents of Baru Sahib including students, workers, Akal Rozgar Yojana (ARY) in small groups and has given health educations on History, emergence, sign & symptoms, diagnosis, treatment, myths and above all are THE PREVENTIVE MEASURES to combat n-COVID-19 (special focus on MEDICAL HANDWASHING & UNIVERSAL PRECAUTIONS).
2. The task was not completed here as afterwards the people were given teachings in 1:1 ratio and were keenly assessed for the practices taught to them.
3. People were given MASKS, GOWNS, GLOVES, HEADCAPS & HAND SENTIZERS. Students of Akal academy Baru Sahib, A-Block & B-Block students were given health educations in their classes and they were made to practice all this during their daily schedule.

All these activities are witnessed by DSP, Sirmour, inspection teams & CMO, Sarah & Rajgarh. The Inspection team has appreciated the work done by team members.

The slogan followed during campaign is:

“BREAK THE CHAIN-WASH HANDS AGAIN AND AGAIN”

1. HAND HYGIENE PRACTICES AND HEALTH EDUCATION: BARRIER CHECKPOST-1



2. HAND HYGIENE PRACTICES AND HEALTH EDUCATION: IN MAIN OFFICE



3. HAND HYGIENE PRACTICES AND HEALTH EDUCATION: ON MAIN BARRIER



4. HEALTH EDUCATION TO A-BLOCK STUDENTS

