

## CURRICULUM VITAE



**Ms. MANPREET KAUR**

E-mail: [manpreetkaurbains.mk@gmail.com](mailto:manpreetkaurbains.mk@gmail.com)

Mobile: +91-7986032123

91-9814937090

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**Objectives** : To achieve excellence in the field of Nursing, attain a challenging career where I can contribute to the best of my knowledge and my talent for the benefits of the institution as well as myself.

**Qualification** : **Pursuing Ph.D in Nursing**  
**M.Sc. Nursing (Psychiatric Nursing)**

**Specialty** : Psychiatric Nursing

### **Personal History**

**Name** : Ms. Manpreet Kaur

**Father's Name** : S. Satnam Singh

**Date of Birth** : 3 March, 1993

**Gender** : Female

**Marital Status** : Unmarried

**Nationality** : Indian

**Religion** : Sikh

**Languages known** : English, Hindi, Punjabi.

**Permanent Address** : Vill. Kharal Khurd, P.O. Jaura, Tehsil Dasuya, District Hoshiarpur, Pin code 144205.

## Academic Qualification

### ❖ M.Sc. Nursing: Psychiatric Nursing (2015-2017)

S. No	Exam Passed	Name of institution	Year of passing	Board/ University	%age marks
1	M.Sc. (N)1 <sup>st</sup> year	SINPMS	2015 – 2016	BFUHS	69%
2	M.Sc.(N) 2 <sup>nd</sup> year	SINPMS	2016-2017	BFUHS	69.2%

Exam Passed	University/Board	Year of Passing	%age marks
Secondary Education	Punjab School Education Board, Mohali, India	2008	78%
Senior Secondary Education	Punjab School Education Board, Mohali, India	2010	63%
B.Sc. Nursing	Baba Farid University of Health Sciences, Faridkot, Punjab	2014	70%
M.Sc.Nursing	Baba Farid University of Health Sciences, Faridkot, Punjab	2017	69.2%

### **Work Experience:**

- From October 2014 to October 2015, one year teaching experience as Clinical Instructor at SGL Nursing College, Semi, Jalandhar.
- Working as a Nursing tutor at Akal College of Nursing, Eternal University, Baru Sahib from 5/12/2017 to till date.

### **Research Experience:-**

- Conducted various research projects
- Guided research projects at graduate and post graduate level.
- Tool validation of various research projects at graduate and postgraduate level.

### **Projects Undertaken:-**

**In Graduation:-** A study to assess the common health problems among elderly clients residing in selected rural areas of District Jalandhar, Punjab.

**In Post-Graduation:-** A descriptive study to assess the knowledge on behavioral problems of children among parents living in selected community areas of district Sri Muktsar Sahib, Punjab, with view to develop an information booklet on prevention of common behavioral problems.

**PUBLICATION DETAILS:**

TITLE OF THE PAPER/ARTICLE	NAME OF THE JOURNAL	DEPARTMENT OF THE TEACHER	YEAR OF PUBLICATION	VOLUME	ISSN NO.
A Descriptive Study to Assess the Knowledge on Behavioral Problem of Children among parents living in selected community areas of District Sri Muktsar Sahib, Punjab with a view to develop information booklet regarding Common Childhood Behavioral Problems	North Asian International Research Journal of Multidisciplinary	PSYCHIATRIC NURSING	May 2018	Volume 4 , Issue 5	ISSN 2454-2326
Effectiveness of Structured Teaching Programme on Knowledge Regarding Health Hazards of Plastic Use Among Students-A Quasi Experimental Study	Nursing and Healthcare International Journal	PSYCHIATRIC NURSING	March, 2019	Volume 3 , Issue 1	ISSN: 2575-9981
A study to asses knowledge and attitude regarding use of menstrual cup among undergraduate students studying in selected private institution of block Pachhad, Distt.Sirmour (H.P)	North Asian International Research Journal of Pharmaceutical and Medical Sciences	PSYCHIATRIC NURSING	January, 2021	Volume 5 , Issue 1	ISSN: 2456-8287

**Current Research project:-**

A study to assess the effectiveness of Deep breathing exercise and Breath walk on reduction of anger expression among adolescent girls in selected college of Block Pachhad Distt.Sirmour(H.P)

**Workshop and Conference attended**

- 6<sup>th</sup> Annual Conference on “ Nursing Informatics: Building Sustainable Health System” at Maharishi Markandeshwar University, Mullana, Ambala
- 3<sup>rd</sup> International Conference of ISPN on “Rehabilitation of Persons with Mental Illness: Nurses Perspectives” at Bangalore.
- National Conference cum workshop on “TELECON 2016” at State Institute of Nursing and Paramedical Sciences, Badal, Sri Muktsar Sahib, Punjab.
- International Conference on “FDCON 2017” at State Institute of Nursing and Paramedical Sciences, Badal, Sri Muktsar Sahib, Punjab.
- National Seminar on “Unveiling the mysteries of human matrix: “SUICIDE” at Mother Mary’s Institute of Nursing, Dist. Hoshiarpur, Punjab.
- National seminar on “Unseen pain, silent tears and unabated agony “Child Abuse”- visualize, internalize and realize” at Mother Mary’s Institute of Nursing, Dist. Hoshiarpur, Punjab.
- 2<sup>nd</sup> International Workshop on “Research Methodology” at Akal college of Nursing Eternal University, Baru Sahib (2019).
- 9<sup>th</sup> International Nursing conference on “Collaborative approach for holistic health care” at Akal college of Nursing Eternal university, Baru Sahib.
- State level online workshop on “Role of Teacher in character building” by Guru Gobind Singh Study Circle.
- FDP on “Scientific Research article Writing and Publishing” by AE Consultancy services & EMG Group-SSM TRUST.
- Webinar on “Managing Emotional issue of students during a Crisis” organized by Indian School Psychology Association in association with Pearson Academy India.

- Workshop on Statistics made Easy, virtual SPSS on Basics and Beyonds held on 26-31 October, 2020.
- Participated in Nursing Now Campaign & TNAI celebration on “ The Year of Nurse and Midwife:2020”
- Webinar on “Management of Basic Obstetrics Emergencies part I” organized by Department of Obstetrics and gynecology and Community Medicine & School of Public health, PGIMER Chandigarh and UNFPA new Delhi.
- International E-Seminar on “ Objective Structured clinical Examination” organised by Teerthanker Mahaveer College of Nursing (March 2021).
- E-International Public Health Management Development Program organised by PGIMER, Chandigarh (March 2021).
- Online basic course on Tobacco Control organised by PGIMER, Chandigarh (March, 2021).
- Webinar on “Qualitative Data Analysis using R” organised by PGIMER, Chandigarh (March, 2021).
- Webinar on “Implications of Telepsychiatry During Covid-19” organised by PGIMER, Chandigarh on 31<sup>st</sup> May, 2021.
- Attended four day online course on “Introduction to clinical psychology”organised by Department of Mental Health and Behaviour Sciences of Fortis Hospital (14-17 June, 2021).
- Attended webinar on “Self-care and Choices We make” organised by Department of Mental Health and Behaviour Sciences of Fortis Hospital (18-19 June, 2021).
- Participated in 3 day online course on “Introduction to Art Therapy” organised by Department of Mental Health and Behaviour Sciences of Fortis Hospital (21-23 June, 2021).
- Participated in 3 day online course on “Introduction to Sport Psychology” organised by Department of Mental Health and Behaviour Sciences of Fortis Hospital (24-26 June, 2021).
- Webinar on “Workplace Depression and Productivity” organised by Mindselo on 27<sup>th</sup> June, 2021.
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- Webinar on Fear and anxiety of working in Covid-19 wards on 9<sup>th</sup> July,2021.
- Participated in “Quiz World Population Day” organised by TIP Community on 11<sup>th</sup> July, 2021.
- Attended webinar on “Caregiver's Burden and How to help caregivers during Covid-19 Pandemic” held on 16<sup>th</sup> July, 2021 organised by CMC and Johns Hopkins India Institute.
- 7 day International PDP on SPSS organised by PG and Research department of Commerce, Patrician College of Arts and Science.
- Workshop on “Research Methodology” at Akal college of Nursing Eternal University, Baru Sahib (2021).

#### **Professional Membership:**

- Life Member of “**Indian Society of Psychiatric Nursing**”.
- Registered in “**The Trained Nurses Association of India (TNAI)**.”

#### **Special Talents**

- Good knowledge of all types of operating system.
- Skillful in Microsoft Word, PowerPoint, Excel.

#### **Declaration**

I hereby declare that the information given above is true to the best of my knowledge.

Yours faithfully

**MANPREET KAUR**