

CURRICULAM VITAE

RANJANA THAKUR

D\O – Sh. Karam Singh Thakur
DATE OF BIRTH – 14-4-1998

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PERMANENT ADDRESS

Vill. Susan, PO- Chambi
Teh. Sundernagar, Distt. Mandi (H.P.)
Pin code 175018

CAREER OBJECTIVE

- To walk with strong commitment towards professional service in the field of nursing & having myself established with a positive growth in a promising organizational and personal development.

PERSONAL DETAILS

NAME : Ranjana Thakur
D.O.B : 14-04-1998
Gender : Female
Marital Status : Unmarried
Language Known: English , Hindi .
Nationality : Indian

KEY SKILLS

Technical Skills and competence in clinical area:
Good in demonstrating the community-based procedure, Family Care, good patient care.

SKILLS:

- Good Communication skills and interpersonal skills

- A quick learner and Motivated to gain High Achievements.
- Innovative Thinker and quick grasping skills.

COMPUTER SKILLS

1. MS office, Excel, Internet.
2. Use of computer in teaching, learning and research.

EDUCATIONAL QUALIFICATION

Course	Discipline/ specialization	University/ Board	Year Of Passing	Percentage
Matriculation	COMMON	CBSC	2013	8 CGPA
Higher secondary	Medical	HPBOSE	2015	82%(Distinction in English, physics, physical education and biology)

PROFESSIONAL QUALIFICATION

Course	Institute	University	Year of Passing	Marks obtained
B.Sc Nursing 1 st Year	Akal College Of Nursing, Baru Sahib, Sirmour, H.P.	Eternal University	2016	70.33%(Distinction in Anatomy and Physiology and Nursing Foundation)
B.Sc Nursing 2 nd Year	Akal College Of Nursing, Baru Sahib, Sirmour, H.P.	Eternal University	2017	69.57%
B.Sc Nursing 3 rd Year	Akal College Of Nursing, Baru Sahib, Sirmour, H.P.	Eternal University	2018	80.28%(Distinction in medical surgical – II and Nursing Research and statistics)
B.Sc Nursing 4 th Year	Akal College Of Nursing, Baru Sahib, Sirmour, H.P.	Eternal University	2019	73%

ACHIEVEMENTS

- Participated & organized school health project in a modern school, Baru Sahib

- Akal college Baru sahib organized free medical and surgical camp every year I have voluntarily participated in all the camps.
- Participated and organized a workshop in civil hospital Rajgarh on cancer day (2019).
- Got distinction in various subject each year.

CONFERENCES:

- Participated in **International conferences** on :
 - “The innovation of Nursing Education and Practices” at Baru Sahib in collaboration with Drexel University, Philadelphia, USA held on 2015.
 - “A Futuristic Approach to Health care” at Baru Sahib in collaboration with Drexel University, Philadelphia, USA held on 27th and 28th October 2017.
 - “Bridging the Gap between Theory and Practices in Nursing” at Baru Sahib in collaboration with Drexel University, Philadelphia, USA held on 2016.
 - “Global Perspective of Better Mental Health” at Baru Sahib in collaboration with Drexel University, Philadelphia, USA held on 12th and 13th October 2018.
 - Collaborate Approach for Holistic Health Care at Baru Sahib in collaboration with Drexel University, Philadelphia, USA (11th and 12th October ,2019)
- Attended and certified by the insulin pump training programme, organized by Association of Diabetes educator and Dexcon (16-11-2019).
- Attended and certified for attending workshop on RT-CGM by DEXCOM in association with ADECON (16-11-2019).
- Attended 7th annual conference of ADECON, Delhi 2019(17-11-2019).
- Certified for participating in insulin injection technique-FITTER India recommendations: hands on workshop with- LipoLarry (17-11-2019).

WORKSHOP:

- Participated in a workshop organized by Drexel University, Philadelphia, USA on the topic simulation (2016).
- Organized 2nd International Workshop On” Research Methodology” at Akal College of Nursing Baru Sahib in (2019)
- Survey on knowledge , attitude and practice regarding COVID-19(23-05-2020)
- World Largest Drug Awareness Webinar(26-06-2020)
- International Webinar on Tele Lactation: An information hub stay connect with Natural Immunity Tamil Nadu, India (3-08-2020)
- Certificate of participation for attending a webinar titled “Managing Emotional Issue of students during a Crisis” held on 8th May, 2020
- Certificate of participation for attending a webinar “BUILDING A FAIRER , HEALTHIER WORLD ”conducted on 12-04-2021

- ❖ **10 CNE HOURS FROM HPNRC to organize Collaborate Approach for Holistic Health Care at Baru Sahib in collaboration with Drexel University, Philadelphia, USA (11th and 12th October ,2019)**
- ❖ **5 CNE HOURS FROM HPNRC to organize 2nd International Workshop On” Research Methodology” at Akal College of Nursing Baru Sahib in (10th October , 2019)**
- ❖ **Course Completion of Awareness in computer concept by National Institute of Electronics and information Technology (NIELET) from 07-12-2020 to 11- 12-2020**

PROFESSIONAL EXPERIENCE:

Sr. No.	Date of Joining	Professional Qualification	Total Experience
1	23 rd September	B.Sc Nursing	1 year &11 months

CLINICAL POSTING AND INTERNSHIP:

1. Nursing foundation (Akal Charitable Hospital, Baru Sahib)
2. Medical-Surgical nursing (Akal Charitable Hospital, Sirmour, and Indira Gandhi Medical College, Shimla).
3. Child Health Nursing (Akal charitable hospital, Indira Gandhi Medical College, Shimla).
4. Mental Health Nursing (Dr. Vidya Sagar Institute of Mental Hospital, Amritsar).
5. Visited NGO (Pingal Wada, Amritsar).
6. Posted in de-addiction Centre (Akal de-addiction center).
7. Obstetrics and Gynecological Nursing (Kamla Nehru Hospital, Shimla).

Field Posting : Community health Posting in nearby villages of Baru sahib.

Internship : Y.S Parmar Medical College, Nahan

HOBBIES

Caring of older people, Reading books, Dancing and Acting

RESEARCH EXPERIENCE

B.Sc Nursing Group Project

Sr.No.	Research title	Journal name
	'A Cross-sectional study to assess emotional intelligence and aggressive behavior among adolescent girls studying in selected Private Institutions of Block Pachhad, Distt. Sirmour (H.P) (2018-2019)'.	International Journal of Nursing Education & Research

Declaration: I hereby declare that all the above-mentioned information is true and correct to the best of my knowledge.

PLACE: *Baru Sahib*