

ETERNAL UNIVERSITY
AKAL COLLEGE OF NURSING
Baru Sahib, Rajgarh, Sirmaur, HP -173101

NURSING RESEARCH CARRIED OUT – 2020 - 2021

M.Sc. Nursing - 2019 – 2021 Batch

S. No	Name of the Student/ Group	Name of the Title	Name of the Speciality	Name of the Guide	Name of The co-guide
1	SAPNA CHAUHAN	Spirituality and competency in providing spiritual care to covid-19 patient among nurses in selected COVID wards	Medical And Surgical Nursing	Dr. Uma	Mr. Mutthukumaran
2	BEANT KAUR	Effectiveness of webinar assisted nutritional education program on knowledge and attitude regarding nutrition in special situations among undergraduate students.		Mrs. Uma	Mr. Muthu Kumaran
3	YAMINI THAKUR	Knowledge and perception about Pradhan Mantri National Dialysis Program among adults		Mrs. PratibhaKhagta	Mr. Muthu Kumaran
4	TARA DEVI	Effectiveness of structured teaching program on knowledge regarding side effects of chemotherapy and it's home management among cancer patients receiving chemotherapy in selected hospital at Himachal Pradesh		Dr. Uma	Mr. Muthukumran
5	POOJA	Illness experiences and medication adherence among tuberculosis (TB) patients at selected dots centres.		Mrs. PratibhaKhagta	Mr. Muthu Kumaran
6	KAJAL KUMARI	Risk of burnout syndrome and explore the factors influencing burnout among nurses in selected wards of hospitals at Himachal Pradesh		Dr. Uma	Mrs. Babita
7	KUMARI SAMRITI	Health status and quality of life of elderly people living in old age home and within family setup		Mrs. PratibhaKhagta	Mr. Muthu Kumaran
8	DIKSHA	A study to evaluate effectiveness of instructional package on	Obstetrics And	Mrs. Jaswinder	Mrs. Ravinder

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	CHAUDHARY	knowledge regarding partograph among nursing students in selected nursing colleges of Himachal Pradesh	Gynaecology	Kaur	
9	KIRAN SHARMA	A study to evaluate the effectiveness of interventional package on knowledge regarding prevention of cervical cancer among women of rural area of district sirmaur in Himachal Pradesh		Mrs. Jaswinder Kaur	Ms. Ravinder
10	PARIKA MAHAJAN	A quasi experimental study to assess the effectiveness of assertive training program on the level of self esteem among nursing students in selected nursing institutes, Himachal Pradesh	Mental Health Nursing	Dr.Anupama K	Ms. Manpreet Kaur
11	POOJA SHARMA	Effectiveness of therapeutic guided imagery on depression anxiety and stress among patients with substance abuse		Dr Anupama K	Ms Manisha Sehgal
12	PRATIBHA THAKUR	A study to evaluate the effectiveness of intervention package on knowledge regarding impact attribute to social media on mental health among undergraduate students at selected colleges Himachal Pradesh		Dr.Anupama.K	Ms.Manpreet Kaur
13	JATINDER KAUR	Effectiveness of laughter therapy on stress during covid-19		Dr.Anupama K	Miss. Manpreet Kaur
14	MONIKA SHARMA	Effectiveness of interventional package on soft skills and perceived need among nursing students at selected nursing colleges of district Sirmour Himachal Pradesh		Dr.Anupama.K	Ms. Manisha Sehgal
15	PALKIN KAPIL	A study to assess the effectiveness of interventional package on awareness regarding sexual abuse among adolescents in selected government schools, district Sirmour,(H.P)	Community Health Nursing	Ms Simarjeet Kaur	Ms Sameeksha

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16	NEHA SHARMA	Effectiveness of interventional package on knowledge regarding self-care management among diabetic clients		Ms Simarjeet Kaur	Ms.Sameeksha

M.SC.(N) 1ST YEAR 2020 – 2022 BATCH

(ONGOING RESEARCH)

S. No	Name of the Student/ Group	Name of the Title	Name of the Speciality	Name of the Guide	Name of The co-guide
1	Shivani Sharma	Effectiveness of virtual program and personal instruction on level of knowledge and practice regarding cranial nerve assessment among undergraduate students in selected nursing colleges at Sirmour (H.P.)	Medical and Surgical Nursing	Mrs. PratibhaKhagta	Mrs. BabitaChobhiyal
2	Yachna	Effectiveness of progressive muscle relaxation therapy on occupational stress among nurses working in selected hospitals at Himachal Pradesh.		Mrs. PratibhaKhagta	Mrs. BabitaChobhiyal
3	Monika Tomar	Effectiveness Of Training Programme On Bio Medical Waste Management Of Covid-19 Among Health Care Workers At Selected Hospital, HP		Mrs. Uma Mayan	Mrs. Muthu kumaran
4	Neha	Effectiveness of stretching exercises on joint pain among obese women in selected community area (H. P)		Mrs. Uma Mayan	Mr. Muthu Kumaran
5	Karishmasubodh	Effectiveness of lifestyle modification on primordial prevention of cardiovascular disease among high risk adults in selected villages of H. P		Mrs. Uma Mayan	Mr. Muthukumaran
6	Priyanka Thakur	Effectiveness of videotaped instruction and personal instruction on level of knowledge and Practice regarding ACLS among BSc nursing students in selected college at district sirmour (H.P.).		Mrs. Pratibhakhagta	Mrs. Babitachobhiyal

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7	Muskaan	Effectiveness of abdominal breathing exercise on regulation of blood pressure among patients with hypertension in selected hospitals of Distt. Sirmour, H.P.	Medical and Surgical Nursing	Mrs. Uma	Mr. Muthukumaran
8	Neha	A study on pandemic related attitude stressors and work outcomes among teachers during covid 19	Mental Health Nursing	Ms.manpreetkaur	Ms. Komal rana
9	Sonalikatoch	Effectiveness of cognitive Behavioral therapy on procrastination among 1st year B. Sc. Nursing students of selected college.		Mis. Manpreetkaur	Mis. Komalthakur
10	Aditi Kanwar	Effectiveness of Objective Structured Practical Examination (OSPE) over Traditional Practical Examination (TPE) in psychiatric nursing regarding Clinical Competencies, Performance and Satisfaction among nursing students in a selected nursing college, Sirmour, Himachal Pradesh.		Dr.Anupama K. Dayanand	Miss. Manisha Sehgal
11	ShivaniDhiman	Effectiveness of Yoga on Stress and concentration level among B.Sc. Nursing 1st Year students of selected Colleges in Himachal Pradesh		Dr.Anupama K Dayanand	Ms. Manisha Sehgal
12	Nikita Gupta	A comparative study on the depression among medical and non medical student association with self esteem and interest in mental health.		Dr.Anupama.K.	Ms. Manisha Sehgal
13	Lakshita	A study to assess the effectiveness of peri-menopausal empowerment strategies on stress, depression and quality of life among perimenopausal women.	Obstetrics and Gynaecology	Ms Jaswinder Kaur	Ms Ravinder
14	KajalBanyal	A study on effectiveness of video-assisted teaching program		Mrs. Jaswinder	Mrs.

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		and traditional method of demonstration on knowledge regarding postnatal care among nursing students at selected nursing college of H.P.	Obstetrics and Gynaecology	Kaur	Ravinderkaur
15	Sakshi Negi	Effectiveness of video assisted teaching programme and traditional method of demonstration on knowledge regarding obstetrical palpation among nursing students of selected college of Himachal Pradesh		Mrs. Jaswinder Kaur	Ms. Ravinder

UNDERGRADUATE RESEARCH STUDIES CARRIED OUT in 2021

B.Sc.(N) 4th years -2017 – 2021 Batch

S. NO	Name of the Student/ Group	Name of the Title	Name of the Speciality	Name of the Guide
1.	IshratAkber MadiaKousar Km. MeenaKumari Aakriti Sharma Aditi Chauhan	A cross sectional study to assess the addiction of OTT platform among undergraduate Nursing student	Mental Health Nursing	Mrs.KavitaVerma
2	Ajeet Kaur Akshita Gupta Akshita Thakur Amarjot Kaur Ambika Sharma	A correlational study to assess the mediation role of Social Anxiety in relationship between the need for Social Approval and Happiness among students of selected colleges of Himachal Pradesh		Miss Simarjeet Kaur
3	AnjlaVerma Ankita Gupta Ankita Sharma Dhriti Sharma Dikshakumari	A descriptive study to asses the influence of reality shows on study habits among undergraduate studentsin Akal college of Nursing,Barusahib, DisttSirmour,Himachal Pradesh		Mrs.Babita
4	Divya Thakur Hardeep Kaur HariPriya Harshita Jasmine Khan	A study to assess the effect of Breath walk on reduction of anger expression among adult girls in selected college of Block PacchhadDistt. Sirmour H.P.		Ms. Manpreet Kaur
5	KesangLhamu KhushmanPreet KritikaVerma Manpreet Kaur Mehak	A Descriptive study to assess the impact of COVID-19 on the adaptation among undergraduate nursing students of Himachal Pradesh		Ms KavitaVerma
6	Monika Verma Muskan MuskanKashyap Nancy Thakur NeelakshiAttri	A descriptive study to assess the factors associated with COVID-19 vaccine hesitancy among population residing in selected rural areas of district sirmaour Himachal Pradesh (2020-2021)	Community Health Nursing	Mrs KavitaVerma
7	Neha Kumari Neha Negi	A descriptive study to assess the parental perception regarding the use of digital media and technology among	Community Health Nursing	Ms. Vidhi Paul

	Neha Thakur Nidhi Sharma Payal Gupta Puneeta Thakur	school students for online education residing in districts of Himachal Pradesh.		
8	Poonam Devi Poonam PreetyTomar Priya Raina Rajmeet Kaur	A descriptive study to assess knowledge about risk factor and warning signs of coronary artery disease among nursing student in selected college of Himachal Pradesh.	Medical and Surgical Nursing	Ms.Jaswinder Kaur
9	Reetu Chauhan SamritiSankhyan Sang Norzom	A cross-sectional study to assess the quality of life of nursing students during Covid-19 pandemic studying in selected college of Tehsil-Pachhad District- Sirmaur, H.P	Community Health Nursing	Ms. SameekshaPatial
10	Shivangi Sharma Simranpreet Kaur Sneha Sonia Sumali Rai	A descriptive study to assess the attitude towards Disability among Undergraduate Nurses with their selected socio demographic variables.	Mental Health Nursing	Ms. Manisha Sehgal
11	Swati Tanujai Teena Trisha Sood Vandana	A study to assess the level of brand addiction among undergraduate students of selected college's of Himachal Pradesh		Miss Komal Rana
12	Vanshika Vasudha VasudhaGautam Yamini Thakur YoshitaSood Gurkirat Kaur	A descriptive study to assess anger and its coping strategies among adolescents in selected districts of Himachal Pradesh		Ms.SameekshaPatial