NEED ASSESSMENT SURVEY REPORT OF RURAL COMMUNITY ADOPTED BY AKAL COLLEGE OF NURSING, BARU SAHIB, H.P.

Name of the villages: Bhanog, Nanu & Dimber.

Date of survey: December 1st Week, 2014

No. of houses: 69

Total population: 429

Categories as per	No.of	Needs	Problems
age group	Persons		
Under 5 Children (Below the age of 5 years)	41	Lack of knowledge regarding immunization, weaning, growth monitoring, regular health check-up, deworming, prevention from accidents.	Fever, Skin allergies, Cough and cold
School going children:6-12 years	54	Lack of knowledge regarding personal hygiene, health checkups,balanced diet, prevention from communicable diseases	onsillitis, cough & cold, ear pain.

Aged 13- 17 yrs.	31	Lack of knowledge regarding menstrual hygiene in girls, personal hygiene, education	Skin diseases, problems with vision , headache
		regarding pubertal changes, stress management	
Age 18 & above up to 60.	214	Lack of knowledge regarding health screening tests for chronic diseases, regular health check-ups, life style modification, balanced diet	Hypertension, Diabetes mellitus. Asthma, Backache & Gastro intestinal problems
No. of eligible couples	39	Lack of knowledge regarding family planning, education regarding contraceptives	•
No. of antenatal mothers	2	Lack of knowledge regarding proper antenatal care (Diet,exercise,health check-up),p	Backache, UTI, constipation.
No. of lactating mothers	4	Lack of knowledge regarding breast feeding techniques, diet, exercises	Weakness
No. of physically challenged	Nil	•	•

No of mentally challenged	1	Coping strategies,	Tremors, stress, lack of personal hygiene.
No of people aged above 60 (Old age)	43	Inadequate knowledge regarding personal hygiene,	Asthma, joint pain, diabetes, hypertension, anaemia, eye diseases, weakness.

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