

CURRICULUM VITAE



<i>Name of the Candidate</i>	: Ms Simarjeet Kaur
<i>Designation & Office Address</i>	: Assistant Professor Akal College of Nursing & Akal College of Public Health & Hospital Administration , Eternal University, Baru Sahib, H.P.
<i>Total Years of Experience</i>	: 5 years
<i>State</i>	: Himachal Pradesh
<i>Qualification</i>	: PhD Scholar(Public Administration:2016-2020) M.Sc. (Community Health Nursing) PG Diploma in Bioethics Diabetes Educator
<i>Major / Specialization</i>	: Community Health, Public Administration, Bioethics, Diabetes
<i>Email Id</i>	: simarjeet3011@gmail.com
<i>Contact No.</i>	: 98164-21609, 84270-16084.

✚ PROFESSIONAL QUALIFICATIONS:

Qualification	Institution	Board /University	Year of Passing
1.	B.Sc. Nursing	Baba Farid University of Health Sciences, Faridkot	2012
2.	MSc. Nursing (Community Health Nursing)	Baba Farid University of Health Sciences, Faridkot	2015
3.	PG Diploma In Bioethics	PSG University, Coimbatore	2017
4.	Diabetes Educator	Indraprastha Apollo Hospital, New Delhi	2018
5.	PhD Program (Public Administration)	Panjab University ,Chandigarh	Continue till 2020

Other Qualifications:

1. Online Basic course in *Health Research Fundamentals* (3monrhs) Conducted by National Institute of Epidemiology, Chennai & ICMR Delhi.
2. Online Basic course of *Research Methodology* (6months) by MEU India & National Institute of Continuing Professional Development, Mulana, Ambala.
3. Trained *VIHASA (Values in Health Care- A Spiritual Approach) Facilitator*- Training from Brahma Kumari Centre, Mount Abu.
4. Trained in *Self-awareness through Breathwalk*-Training course conducted by Kalgidhar Trust in collaboration With My health, My Choice, Ottawa, Canada.
5. Certified in *BLCS (Basic Life Cycle support)* organized by Kalgidhar trust in collaboration of Medanta Hospital, Gurgaon.
6. WHO e-learning course on *Vaccine Safety Basics*.
7. WHO online course on *quality assurance*.

✚ EDITORIAL EXPERIENCE

- **Member of *International Forum of Teachers (IFT) of UNESCO Chair in Bioethics*, University of Haifa, Israel.
- ** Editorial Board Member of *International Journal of Medical and Health Research*, New Delhi, India.
- **Associate Editor for *Nursing and Health Care International Journal*, Michigan, USA.
- ** Reviewer Board Member for *IP Journal of Paediatric and Nursing Sciences*, New Delhi, India.

TEACHING EXPERIENCE

Sr. No.	Designation	Institution	Period	Experience
1.	Clinical Instructor	Akal College of Nursing, Eternal University, Baru Sahib	2012-2013	One Year One month
2.	Nursing Tutor	Akal College of Nursing, Eternal University, Baru Sahib	2015-2018	3yrs
3.	Assistant Professor	Akal College of Nursing & Akal College Public health & Hospital Administration , Eternal University, Baru Sahib	2018 to till date	1year 5 months

** Receiving *Outstanding performance* comments in Annual report (Since 2016) from Worthy Vice Chancellor, Eternal University, Baru Sahib.

** Received '*Best Teacher Award, 2019*' from Honourable Baba Iqbal Singh Ji, Chancellor, The Kalgidhar Trust , Baru Sahib, Himachal Pradesh.

PROFESSIONAL MEMBERSHIP:

- ❖ Lifetime member of *Trained Nurses Association of India (TNAI)*.
- ❖ Lifetime member of *Nursing Research Society of India (NRSI)*.
- ❖ Lifetime member of *Society of Community Health Nurses of India (SOCHNI)*.
- ❖ Lifetime member of *Clinical Nursing Research Society (CNRS)*.
- ❖ Lifetime member of *Indian Association of Diabetes Educators (IADE)*.
- ❖ Lifetime Member of *Epidemiology Foundation of India (EFI)*.

MISCELLANEOUS:

- External Examiner for Sister Nivedita College of Nursing, IGMC, Shimla.
- Internal Examiner for Akal College Health & Allied Sciences, Eternal University, Baru Sahib.
- Member of Board of Studies, Akal College of Nursing, Eternal University, Baru Sahib.
- Member of Research & Ethics committee of Akal college of Nursing & Akal College of Public Health and Hospital Administration, Eternal University, Baru Sahib.
- Member of Peace & Harmony Club, Akal College of Nursing, Eternal University, Baru Sahib.
- Member of organizing committee of National conference on *Healthcare in India-Need for Paradigm shift* organized by eternal university sponsored by help age India.
- Head of Foster Family Program, Akal College of Nursing, Eternal University, Baru Sahib.
- Organizing Secretary-*International Workshop(Research Methodology) & 9th International Conference (Collaborative approach for Holistic health care)* organised by Akal College of Nursing, Eternal University, Baru Sahib in collaboration of Drexel University, Philadelphia.
- Program Coordinator for Self-awareness through breath walk course conducted by Kalgidhar trust in collaboration With My health, My Choice, Ottawa, Canada.
- Program Coordinator -Training Program for Care Takers conducted by Kalgidhar Trust, Baru Sahib.
- Program Coordinator for Basic life support Training program conducted by Kalgidhar Trust in collaboration of Medanta Hospital, Gurgaon.

❖ Paper/Poster Presentations

S.No.	Topic	Presenter /Chairperson/ Resource Person
1.	Comparative assessment of knowledge and attitude regarding MCH services among married women in Selected Urban and Rural Of District Muktsar Sahib, Punjab.	Scientific Paper Presentation: International conference on “Nursing Informatics”2015 held in Akal College of Nursing, Baru Sahib, H.P.
2.	CVA care- Paper Presentation	As RESOURCE PERSON attended National Seminar Co-sponsored by ICMR,Delhi on “Painfull Whispers Sunset Years-Challenges and Dilemmnas”,held in Nursing Institute Pandher, Amritsar
3.	Alcoholism- Paper Presentation	AS A RESOURCE PERSON attended National Seminar Co-sponsored by ICMR,Delhi on “Prevention of Drug Addiction” held in Guru Nanak Hospital, Nawagran (Hoshiarpur)
4.	Women empowerment-Paper Presentation	AS A RESOURCE PERSON attended National Seminar Co-sponsored by ICMR, Delhi on “ Cultural Hypocrisy & Exploitation of women” held in Asian Institute of Nursing ,Guwahati, Assam.
5.	Translational Research-for quality Outcome- Paper Presentation	AS A RESOURCE PERSON attended National Seminar Co-sponsored by ICMR, Delhi on “ Issues & trends in nursing practices: Nurse as a change agent” held in North East Nursing College , Itanagar, Arunchal Pradesh.
6.	Sample Size Determination (Inferential studies)- Paper Presentation	CHAIRPERSON – National Seminar Co-sponsored by ICMR, Delhi on ‘Research Methodology & Publication’ held in North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences, Shillong, Meghalaya,2016
7.	Scientific Paper Presentation	CHAIRPERSON –National Conference on ‘De-addiction’ organised by MPH Dept. Eternal University , Baru Sahib, HP,2017
8.	Scientific Paper Presentation	CHAIRPERSON – 2 nd International conference on ‘Nursing Education, Research, Nursing Care and Psychiatry Nursing’ held in New Delhi,2018


9.	Sampling Methods In Quantitative Research - Paper Presentation	RESOURCE PERSON -2 nd International conference on 'Nursing Education, Research, Nursing Care and Psychiatry Nursing' held in New Delhi,2018.
10.	Ayushman Bharat –'Wellness Is A Journey To Healthy India'- Essay writing presentation.	Presenter: SPEAK India (Society for promotion of ethical and affordable Healthcare) Health Literacy Festival, 40 D, Chandigarh, April, 2019. <i>Received Merit Certificate.</i>
11.	Utilization Of Family Planning Services Among Females Of Reproductive Age (15-45yrs) Residing In Selected Tribal Areas Of district Sirmour, Hp.- Poster Presentation	Presenter- National Conference- Healthcare in India- Need for Paradigm shift organized by Eternal university sponsored by help age India, 2019.
12.	Utilization Of Antenatal Care Services Among Tribal Women Of district Sirmour, H.P.-A Cross Sectional Study- Poster Presentation	Presenter: 9th International Conference (Collaborative approach for Holistic health care) organised by Akal College of Nursing, Eternal University, Baru Sahib in collaboration of Drexel University, Philadelphia, 2019.
13.	Level of satisfaction and issues regarding utilization of MCH services among women –Mix method study of selected tribal areas of district sirmaur.	Presenter: National Conference on primary health care sponsored by SPHERE held in DMC, Ludhiana, 21-22 nd Feb,2020.
14.	Challenges in implementation of MCH services among health care personnel working in selected rural areas of sistrict sirmaur	Presenter: International conference on Sustainable development goals Sponsored by ICSSR, held in SGGC ,Chandigarh 4 th -6 th March, 2020

❖ **PUBLICATIONS(Review/ Research articles)**

S. NO.	NAME OF ARTICLE/PAPER PRESENTATION	JOURNAL
1.	Comparative assessment of knowledge and attitude regarding MCH services among married women in Selected Urban and Rural Of District Muktsar Sahib, Punjab	International journal of nursing Education ,Oct-Sept, 2016
2.	Women empowerment	Nightingale Nursing Times ,August ,2016
3.	Translational Research-for quality Outcome	Nurses of India, August ,2016
4.	Sample Size Determination (Inferential studies)	Nightingale Nursing Times , December ,2016
5.	Evan's Syndrome	Nurses of India, December 2016

6.	Sample Size Determination (Descriptive Studies)	International Journal of current Research, March, 2017
7.	A Descriptive Study to Assess the Knowledge of Labour Workers Regarding Personal Protective Equipments in Baru Sahib, Distt Sirmour, Himachal Pradesh.	Nursing & Healthcare International Journal Sept ,2017
8.	Effectiveness Of Health Education Programme On Knowledge Regarding Febrile Seizure Among Mothers Of Under Five Children at Selected Villages Of District Sirmour, Himachal Pradesh.	Asian Journal of Science and Technology. Sept 2017 Co-Author: Lovejot Kaur, Susheela Margaret
9.	Alcohol dependence syndrome	EU Voice Magazine Eternal University,2016
10.	New Ways to boost the mood with Food.	EU Voice Magazine, Eternal University, 2017
11.	The Immortal life of Henrietta Lacks- Book review article	International journal of current advanced research, Co-Author-Anna Bajaj November 2017,6(11) DOI: http://dx.doi.org/10.24327/ijcar.2017.7783.1226
12	Emerging viral disease –peril to human health	Virology & Immunology Journal Co-author: Ms Janse K April ,2018 https://medwinpublishers.com/VIJ/VIJ16000158.pdf
13.	Awareness Regarding Informed Consent Of Assisted Reproductive Techniques Among Nurse Of Selected Private Fertility Clinics – A Pilot Study	International Journal for Science and Advance Research in Technology <i>Volume 4 Issue 5 – MAY 2018, 171-174</i>
14.	Knowledge and Attitude Regarding Infertility Treatment Among Nurses of Selected Private Fertility Clinics – A Pilot Study	International Journal for Science and Advance Research in Technology <i>Volume 4 Issue 5 – MAY 2018, 869-872</i>
15.	Awareness and practices regarding water hygiene among women Residing in selected rural areas-a cross sectional study	<i>Co-author-Harpreet, ishpreet, jyoti priya</i> <i>International Journal of Recent Scientific Research Vol. 9, Issue, 5(E), pp. 26821-26824, May, 2018</i>
16.	Awareness and practices regarding Environmental Sanitation and Hygiene among women residing in selected rural areas: A cross sectional study	Co-Author:Harpreet, deepshikha, Diksha International Journal For Innovative Research In Multidisciplinary Field Volume - 4, Issue - 5, May – 2018,111-115
17.	An exploratory study to assess the prevalence and risk factors of malnutrition among under-five children residing in selected rural areas of district Sirmaur, Himachal Pradesh.	Co-Author: Devi Priyanka BLDE Univ J Health Sci 2019; 4:7-10. http://www.bldeujournalhs.in/downloadpdf.asp?issn=2468-

		838X;year=2019;volume=4;issue=1;spage=7;epage=10;aualast=Devi;type=2
18.	Effectiveness of Structured Teaching Programme on Knowledge regarding Health Hazards of Plastic use among Students –A Quasi Experimental Study.	Co- authors- Jeganathan J, Kaur M Nursing Health Care Int J (Nursing & Healthcare International Journal) 2019, 3(1): 000180.
19.	Assessment of Knowledge regarding health hazards of plastic use among adolescent girls –Cross Sectional Study	Co-Author- Jeganathan J, Journal of Indian Public Health Association (IPHA) Chandigarh State Branch, Chandigarh (july, 2019)
20.	Perception of Community Regarding Role Of Selected Panchayat of Sirmour District-Descriptive Survey	Journal of Indian Public Health Association (IPHA) Chandigarh State Branch, Chandigarh (July Issue, 2020)
21.	Utilization of family planning methods among women of reproductive age (18-49yrs) residing in selected tribal areas of district sirmour, Himachal Pradesh.	Co- author: Chand Nemi Intellectual quest.2019; 12.92-9.
22.	Challenges Regarding Implementation of MCH Services Among Health Care Personnel Working In Selected Tribal Areas of District Sirmaur,Himachal Pradesh.	Co-author: Chand Nemi Studies in Indian Place Names(UGC CARE journal).2020;40(1).1495-1500


 Appreciation certificate for *Excellence in Reviewing Book -Textbook of Microbiology for BSc & Post Basic Nursing authored by Dr Anju Dhir*, Published by CBS publishers & Distributors, Pvt. Ltd.

B.Sc Nursing Project Work

“A descriptive study to assess the knowledge and practices regarding universal precautions among health care personnel working at civil hospital, Bathinda, 2012. ”

Masters Dissertation

“A comparative study to assess knowledge and attitude regarding MCH services among married women in selected Urban and Rural areas of district Sri Muktsar Sahib, Punjab.2013-2015”

PhD Pursued:

“Evaluation of Maternal and Child Health Services in tribal areas of Himachal- A case study.” (Continue)

PG diploma in Bioethics:

A descriptive study to assess awareness regarding Informed consent of Artificial Reproductive techniques among Staff nurses of Selected Fertility Clinics of Chandigarh.

HEALTH PROJECTS :

-Health project to identify nutritional problems of adults residing in selected rural areas of Kolkata.

-A survey to identify the non-communicable disease among community people of urban (Bathinda) and rural (Mehna) areas.2014

-A survey to assess the health status of elders residing in Old age home, Badal, Sri Muktsar Sahib,2014.

-Group projects to create awareness among people regarding Substance abuse,2015

-Individual nutritional survey of selected families in rural area, Mehna, Sri Muktsar Sahib, to identify nutritional deficiencies among family members, 2015.

POST GRADUATE/UNDERGRADUATE RESEARCH PROJECTS GUIDED (SUPERVISOR AND CO- GUIDE):

1. A pre-experimental study to assess the effectiveness of Health education programme on Knowledge of mothers regarding febrile seizure of Under Five children residing in selected areas of District Sirmour, Himachal Pradesh.
2. A Quasi experimental study to assess the effect of Nutritional Mixture (Amla & Jaggery) on Hb level of adolescent girls residing in selected rural areas of District Sirmour.
3. A descriptive study to assess the prevalence of cervical cancer among women of reproductive age group residing in rural areas of district Sirmour, Himachal Pradesh.
4. An Exploratory study to assess prevalence, risk factors and mother's knowledge on malnutrition among under five children residing in selected rural areas of district – Sirmour (H.P.).
5. An exploratory study to assess the factors influencing performance of ASHA working in district Sirmour, H.P.
6. A descriptive study to assess the level of satisfaction regarding provision of hospital healthcare services in the gynecology and obstetrics patients of esic model hospital, Baddi, distt. Solan (H.P.)

7. An exploratory study to assess the factors influencing implementation of MCH services among health care personnel working in selected areas of district Barnala, Punjab.
8. A cross sectional study to assess the knowledge and practices regarding menstrual hygiene among adolescents of selected government schools of district Hamirpur H.P.
9. A descriptive study to assess the knowledge regarding personnel protective equipments among labour workers residing Baru Sahib, Himachal Pradesh.
10. A cross sectional study to assess knowledge and practices regarding environmental hygiene among house holders residing in selected rural areas of district Sirmour.
11. A cross sectional study to assess the emotional intelligence and aggressive behaviour among adolescents studying in Private institutions of block Pachhad district Sirmour, H.P.

INTERNATIONAL & NATIONAL CONFERENCES/WORKSHOPS

ORGANIZED:

- International conference on “*Current Trends and Issues of Community Health Nursing*” Organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia (2013).
- 6th International Nursing Conference on “*Bridging the gap between Theory and Practice in Nursing*” organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia on 21st & 22nd October, 2016.
- 7th International Nursing Conference on “*Family Nursing- A futuristic approach to Health Care*” organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia on 27th & 28th October, 2017.
- 8th International Nursing Conference on “*Global Perspectives on Better Mental Health*” organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia on 12 & 13th Oct, 2018.
- National conference on “*Healthcare in India- Need for Paradigm Shift*” organized by Eternal University sponsored by Help Age India, 2019.
- 9th International Nursing Conference on “*Collaborative Approach For Holistic Health Care*” organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia on 11th & 12th October, 2019.
- 2nd International workshop on “*Research Methodology*” organized by Akal

College of Nursing in Collaboration with Drexel University Philadelphia on 11th & 12th October, 2019.

✚ WORKSHOP AND CONFERENCES ATTENDED:

- ✓ Attended conferences on “Innovative trends in community health nursing” in Akal college of Nursing, *Baru Sahib*, H.P. in 2013.
- ✓ Attended International Conference and Seminar on “Cancer Nursing and Chemotherapy” at Tata Memorial Cancer Hospital, Parel, *Mumbai*.2015.
- ✓ Attended National conference and Seminar on “Refining skills in oncology nursing research” in Regional Cancer Centre, Trivandrum, *Kerala*, 2015,under ICMR .
- ✓ Attended National conference and workshop On “Infertility, Pain and domestic Violence: Is Surrogacy really Ethical” in Nursing College, Pondicherry Institute Of Medical Sciences, *Pondicherry*, India 2015, Under ICMR.
- ✓ Attended National seminar and hand skill training in “Sample Size Calculation”, in PIMS, Pondicherry, 2015.
- ✓ Attended workshop On “Neonatal Resuscitation” and National Seminar on “Palliative care” in IGMC, Hospital, *Shimla*, 2103, Himachal Pradesh.
- ✓ Attended National Seminar on “Apathy of Health system: Postpartum Deaths” at Sri Guru Ram Dass College of Nursing, Vallah, *Sri Amritsar* on 25th April 2014.
- ✓ Attended National Seminar on “Silent Shrieks, Cancer Care: Treatment Research and beyond” at Sri Guru Ram Dass College of Nursing, Vallah, *Sri Amritsar* on 25th April 2014.
- ✓ Attended National Seminar on “Occupational Hazards in Health care Industry” at *Gian Sagar College of Nursing*, Patiala, on 24th March 2015.
- ✓ Attended National Conference on “Chemotherapy errors and Pathetic Palliative care” at Gian Sagar College of Nursing, *Banur, Rajpura*, on 25-26th March 2015.
- ✓ Attended conference on “Capacity building of community health nurses,” *Mohali*, Punjab, 2015
- ✓ Undergone e-learning module on AIDS/HIV and anti-retroviral therapy for GFATM round 7 at *SINPMS, Badal*, Muktsar Sahib 2015.
- ✓ International Conference on “Bridging the gap between Nursing theory and Practice”, Akal College of Nursing, Baru Sahib, Muktsar Sahib.(2016)

- ✓ International conference on “Family Nursing-A futuristic Approach” Akal College of Nursing, Baru Sahib, Muktsar Sahib 2017.
- ✓ 2nd International conference on ‘Nursing Education, Research, Nursing Care and Psychiatry Nursing’ held in New Delhi, 2018.
- ✓ International Conference on Nurses and Midwives for Universal Health Coverage endorsed by the International Council of Nurses from November 29 to December 1, 2018 at New Delhi, India.
- ✓ 2nd one day workshop on ‘Intellectual property Rights: Issues & Challenges, organized by Eternal University, 2019 in collaboration with HIMCOSTE & Himachal Pradesh Patent Information Centre(HPPIC).
- ✓ National conference on “Healthcare in India- Need for Paradigm Shift” organized by Eternal University sponsored by Help Age India, 2019.
- ✓ 9th International Nursing Conference on “Collaborative Approach For Holistic Health Care” organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia on 11th & 12th October, 2019.
- ✓ 2nd International workshop on “Research Methodology” organized by Akal College of Nursing in Collaboration with Drexel University Philadelphia on 11th & 12th October, 2019.

EXTRACURRICULAR/SOCIAL WELFARE ACTIVITIES

- ✓ **Indian Council of medical research (ICMR) Scholarship Holder** for national conference, seminar and workshop held in Trivandrum (Kerala) and Pondicherry, India.
- ✓ **Nishkam Sikh Welfare Council, Delhi, scholarship holder** for degree program of 4years based on merit in Naitek Sikhsa Test Held by NSWC, Dehi.
- ✓ Participated in ***Debate Competitions*** held at State Institute of Nursing and Paramedical Sciences, Badal, Sri Muktsar Sahib, Punjab.
- ✓ Lifetime member of **Guru Gobind Singh study circle , Bathinda-Muktsar Zone.**
- ✓ Organized **Guru Gobind Singh study circle Gurmat Camps** held in SINPNS and Dasmesh College of education in, Badal, Sri Muktsar Sahib.
- ✓ Efficient in standard computer operations system.
- ✓ Organized & Participated in various Community extension activities such as Medical & Health Camps, *Screening and Surveys, School Health Projects, Nutritional programs, street plays, walkathon against Drug –addiction, Awareness Campaign, etc.*

- ✓ Blood donation in IGMC Shimla to cancer patient(Child suffering from leukaemia admitted in Regional Cancer Centre, IGMC ,Shimla).
- ✓ Received *Merit Certificate in Essay Writing* Competition organised by SPEAK India (Society for promotion of ethical and affordable Healthcare) on ***Health Literacy Festival***, 40 D, Chandigarh.
- ✓ Sponsoring *School Child Education* (Ms Harmandeep Kaur D/o Lakhwinder Singh, Class 1st , Akal Academy, Fatehgarh Channa) under Kalgidhar Trust, Educate to Save(Deed-a-Day).

DECLARATION

I hereby solemnly declare and affirm that the information given on this form is true and complete to best of my knowledge and belief that I have not withheld or misinterpreted or concealed anything.

Place: Baru Sahib

Signature
(Ms Simarjeet Kaur)